Substance Abuse & Mental Health Administration: www.samhsa.gov 1-800-662-4357
A federal Hotline offering referrals to local treatment and support services

Narcotics Anonymous: www.nerna.org 866-624-3578
Worldwide meetings for people struggling with drugs.

SMART Recovery: www.smartrecovery.org
Abstinence-based international organization that uses a cognitive behavioral therapy tool kit

Alcoholics Anonymous: www.aa.org
Worldwide 12-step abstinence program with extensive online resources. Find a
A.A. near you

Women for Sobriety: www.womenforsobriety.org
Dedicated to helping women recover from substance use disorders with online gatherings

The Karen W. Green Clinic: 508-334-6388 (Ask for the Green Clinic)
Helps monitor and manage the care of substance-dependent or substances-using women
throughout pregnancy and the postpartum period

Institute for Health and Recovery (IHR): www.healthrecovery.org 617-661-3991
Specializes in innovative services, training and evaluation focused on addressing the unique
needs of underserved families, women and youth.

The Massachusetts Substance Use Hotline: www.helplinema.org 800-327-5050
Statewide, public resource for finding licensed and approved substance use treatment and
recovery services.