

**Meeting of the Northborough Council on Aging
January 9, 2018 7:00 Senior Center**

The role of the Northborough Council on Aging is to maintain or increase the quality of life for the mature citizens of our community. We do this through support advocacy, planning, coordination, and implementation of programs that bring mature citizens together for social, recreational, and educational purposes. We seek to educate the entire community and enlist its support and participation.

- 1. Call to Order:** A meeting of the Council on Aging of the Town of Northborough was called to order at 7:00 PM by Adrienne Cost, Chair with the following also present:
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|------------------------|-------------------------------------|
| Jerry Anderson, Member | Phylis Muthee, Member |
| Ed Bombard, Member | Henry Squillante, Friends |
| Tim Kaelin, Member, | Kelly Burke, Senior Center Director |
| Tony Pini, Member. | |

The following were not present: Linda Cragin, Member and Alice Stapelfeld, Member

2. Approval of the Minutes:

The minutes for the November 2017 meeting were approved.

3. Friends' Report

Henry reported that the Bricks that were ordered have been received and are in his garage. He reviewed a pie chart showing the Revenue of the successful Country Store Fair Fundraiser. January 23, 2018 will be the Friends donor Appreciation Night, 60 invitations were mailed. The format for the Hawaiian Luau fund raiser is being developed. Henry invited everyone to attend the Friends Annual Meeting in May.

4. Director's Report

Kelly reported the Photography Club will start this month. There is great interest and lots of local talent. Technology tutoring to start soon. Kelly highlighted lots of other activities including Valentine Card making in February, Downsizing discussions in March. AARP signups for Income Tax Appointments. Adult Day Care Grant approved. The Senior Center is rocking.

There was a nice discussion of the history and evolution of the Bistro and how the funding of the Bistro is all from internally generated funds. Discussion ensued regarding the importance of the Bistro for the Community and how it brings people together. It is truly a team effort of talented individuals that makes it possible for it to operate.

5. WRTA Advisory Report

No report.

6. Bay Path Report

No Report

7. Old Business/Community Awareness

Adrienne introduced a Power Point "Healthy Aging, Age Friendly Communities". Kelly walked the group through the presentation. Much discussion centered around the slide "What is Age-Friendly". We discussed how we thought Northborough was doing regarding each of Eight measurements and how we could do better. The Senior Center is certainly one of the cores of how we are doing as a Community. Adrienne asked that for "Homework" we all think about how we can continue to improve building in Northborough an age friendly community that fosters health, inclusion and engagement.

The meeting adjourned at 8:00 pm.

Tony Pini, Acting Secretary