

Meeting of the Northborough Council on Aging**January 10, 2023 – 5:30PM – Northborough Senior Center**

As the hub for all aspects of healthy aging, the mission of the Northborough Council on Aging/Senior Center is to enrich and enhance the lives of older adults.

Call to Order: A meeting of the Council on Aging of the Town of Northborough was called to order at 5:38 PM by Adrienne Cost, Chair with the following also present:

Linda Cragin, Member
Elizabeth Nasser, Member
Fran Bakstran, Member
Theresa Lee, Member

Jerry Anderson, Member
Ron Doucett, Friends
Kendra Faldetta, Director

The following COA members were not present: Virginia Simms George, Mitch Cohen, Selectman Rep. and Joan Frank, School Committee Rep.

1. Approval of the Minutes:

The minutes for the November 2022 meeting were approved with a spelling correction for Ron's name.

2. Friends Report:

Ron provided an update: The Annual Appeal is at 60% of goal. Ticket sales are underway for the January calendar raffle. A 60s night with The Platters might be in the works. The Friends supported several December activities including hot cocoa, gift wrapping, the nutritional lunch and holiday decorations. Discussion followed on the need to respect the importance of staffing as activities approach pre-pandemic levels and strategies for donor development and recognition.

3. Director's Report:

Kendra provided a written summary: The Hot Cocoa Bar served about 50 people with no leftovers and the Holiday Luncheon served about 40. The Gift Wrapping was somewhat successful for a first-time-event and there is leftover wrapping for next year. The Dynamic Aging class from Core Connection and support from Be Well Northboro has concluded and was very successful. The healthy meal and lecture in January with support from Be Well Northborough is sold out. A Holocaust Remembrance Day is planned with Rabbi Rachel Gurevitz. Safety in the home will be addressed by Fire Fighter Peter Galas with a Senior SAFE program on Feb. 6th. The Summer in the Winter BBQ with yard games will be Feb. 8th and a Valentine's Day lunch will celebrate friendships and loving relations. On Feb. 21st a King Cake for Mardi Gras is planned.

The hiring process is still underway for the senior center administrative assistant and a new bus driver has been hired. An intern from Worcester State University will start at the end of January. She is a senior public health major.

4. WRTA:

The free fares have been extended until July 1st.

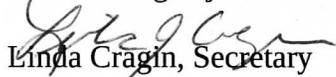
5. Springwell (formerly Bay Path):

No report. Discussion followed on this lack of communication and a letter from the Board will be drafted to Springwell expressing concerns.

6. Old/New Business and Community Awareness:

The town has confirmed that the dog park will be located at Boundary St.

The meeting adjourned at 6:45 pm.


Linda Cragin, Secretary