

**Meeting of the Northborough Council on Aging  
August 9, 2022, 5:30 PM Northborough Senior Center**

*As the hub for all aspects of healthy aging, the mission of the Northborough Council on Aging/Senior Center is to enrich and enhance the lives of older adults*

Call to Order: A meeting of the Council on Aging of the Town of Northborough was called to order at 5:31 PM by Adrienne Cost, Chair with the following present

Fran Bakstran, Member	Ron Doucette, Friends
Elizabeth Nasser Member	Muriel Swenor Member
Kendra Faldetta Director	Theresa Lee, Member
Jerry Anderson, Member	Virginia Simms George Member
Henry Squillante	

Members not Present: Linda Cragin

**1. Approval of the Minutes:**

The Minutes for the July 2022 meeting were approved.

**2. Friends Report**

Ron Doucette shared that in the Friends meeting on July 25<sup>th</sup>, the friends reported an income of \$700 with expenses of \$11,000 for the Senior Center AC upgrade. The Cost of the Northborough Times will be increase due to an increase in postage. The Friends car wash will be held on Friday, August 12 from 3-6 at Whitney place. There will be a request for ARPA funds due to COVID related loss of fundraising. The Friends will also be reviewing the mailing list. Linda Cragin donated a refrigerator, coffee maker and microwave for the Senior Center office. Current membership of the Friends stands at 541 and they will be collecting dues again. Upcoming fundraisers include the Jewelry Cart, High Tea, which has been moved to October 15<sup>th</sup> and the Country Fair which will be held on Saturday November 19<sup>th</sup>. A form was shared showing how much money the Friends have spent. Between 2013 and July 27, 2022 the Friends have spent \$247,000. The goal is to raise as much money as is spent to avoid going into the reserves.

**3. Director's Report**

Kendra shared that Rita Matria of the Core Connection will be hosting a Dynamic Aging call. This will be free for up to 20 seniors. Each will receive a foam roller and a dynamic aging book. The call will be every Tuesday and Thursday from 1-2:00 from October 18 to December 15.

The Applefest Bake Off will be awarding \$200 in prizes.

The Bistro will be closed on Halloween for a party which will include a themed menu and costumes.

There will also be Trunk or Treat, with a decorated police cruiser, fire truck, DPW trucks, the Junior Women's club, and local churches. This will be held on Tuesday October 25<sup>th</sup>.

The Senior Center will also be bringing back movie nights on Tuesday. For \$7 it will include pizza, salad, and drinks. The first movie will be shown on September 27<sup>th</sup> at 5:00.

There will be real ID presentation

In October, Vicki Killeen will be offering a class on cooking on a budget.

#### **4. WRTA**

There may have been some success in hiring a part time driver. There is hope to offer a salary increase to make the position more competitive.

#### **5. Bay Path Report**

Baypath is now officially part of Springwell. Jerry is now off Baypath as the transition to Springwell has been completed. Only 33 people in town are receiving meals on wheels. There is also a current scam for Snap and cash benefit, with scamming/phishing machines at checkouts. The Commonwealth will replace cash benefits but not Snap.

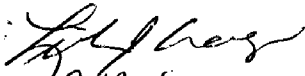
#### **6. Old Business/Community Awareness**

Applefest is coming the weekend of September 16-18<sup>th</sup>. The COA booth will have a Fortune Teller and will be giving out ice cream tickets and copies of the Northborough Times. We will also be selling tickets for the art auction. There was a discussion about giving out balloons again, but this was not decided, as it tends to draw a audience younger than those the COA is targeting. The strategic plan will also be revisited with Kendra's input.

Note: COA members and associates- if writing any letter on behalf of COA, please be sure to supply COA Senior Center with a copy for the file.

Meeting Time: The meeting adjourned at 6:38 PM

Elizabeth Nasser Member

Approved:   
COA Sec.  
9/13/22