# Meeting of the Northborough Council on Aging Sept. 14, 2021 5:15 Senior Center

As the hub for all aspects of healthy aging, the mission of the Northborough Council on Aging/Senior Center is to enrich and enhance the lives of older adults.

**Call to Order:** A meeting of the Council on Aging of the Town of Northborough was called to order at 5:20 PM by Adrienne Cost, Chair with the following also present and introduced:

Linda Cragin, Member Kerrie Martinek, Friends
Muriel Swenor, Member Henry Squillante, Friends
Theresa Lee, Member Eileen Bogle, Interim Director

Elizabeth Nasser, Member Fran Bakstran, guest

The following COA members were not present: Virginia Simms George, Member, Phylis Muthee, Member, Jerry Anderson, Member, Lee Beavers, Member, Joan Frank, School Committee Liaison

## 2. Introductions and Approval of the Minutes:

Two new members, Theresa Lee and Elizabeth Nasser were introduced and welcomed. The minutes for the August 2021 meeting were approved.

## 3. Friends Report

Kerri and Henry provided an update. The High Tea and Art Auction has been postponed. A decision about the Country Fair is to come due to the concern about social distancing requirements. The annual meeting will be Sept. 27<sup>th</sup> and plans for the annual appeal are underway.

### 4. Director's Report

Eileen has returned to serve as the interim director and was welcomed. She provided some insight into the stresses the staff are facing in the center as the needs of our constituency increase and shift due to the pandemic. The part-time program coordinator position has not been filled and is needed; there was consensus that this position should be filled as we also recruit for a new director. There is also an opening for a van driver.

Eileen also shared some statistics. The sign-in system is under utilized and Muriel volunteered to sit next to the computer and help people develop the habit to remember to sign in. The Bistro is busy at lunch (dinner is still not being served).

### 5. WRTA

As mentioned, one of the driver positions is vacant. Demand has increased and the schedules are very full, often with no breaks and lunch period allowed for the drivers.

#### 6. Bay Path

Fran shared that Title III funding is available, and can, for example, help with transportation. There is also funding for caregiver support, including respite services, and equipment to help caregivers.

### 7. Old/New Business and Community Awareness

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Applefest will have the bake-off on Friday at the Senior Center. Helium balloons will be available at the booths on Saturday for the Street Fair with some fun attire (hats, etc.) to draw attention. Set-up is a 7am.

The meeting adjourned at 6:30 pm.

Linda Cragin Secretary