

**Meeting of the Northborough Council on Aging  
April 12, 2022 – 5:15PM – Northborough Senior Center**

*As the hub for all aspects of healthy aging, the mission of the Northborough Council on Aging/Senior Center is to enrich and enhance the lives of older adults.*

**Call to Order:** A meeting of the Council on Aging of the Town of Northborough was called to order at 5:20 PM by Adrienne Cost, Chair with the following also present:

Linda Cragin, Member  
Muriel Swenor, Member  
Theresa Lee, Member  
Elizabeth Nasser, Member  
Jerry Anderson, Member

Virginia Simms George, Member  
Ron Doucette, Friends  
Henry Squillante, Friends  
Eileen Bogle, Interim Director  
Kristin Wixted, Selectman rep.

The following COA members were not present: none. Guests: Rick Leif, Fran Bakstran

**1. Approval of the Minutes:** The minutes for the March 2022 meeting were approved.

**2. Discussion: Affordable Housing Corporation:** Rick Leif asked for feedback about the needs of elders for affordable housing and discussion followed. There are little to no options for elders who want to downsize to be able to stay in town. Options would include housing with more density to increase the affordability, considering in-law apartments, and one-story, “ranch” style homes.

**3. Friends Report:** Ron provided an update: The St. Patrick’s Day raffle went well and the clothing drive with a trailer truck donated is scheduled for April 29<sup>th</sup> to May 7<sup>th</sup>, a car wash will be Aug. 8<sup>th</sup> at Whitney Place and in September there will be High Tea and Art Auction, with the Country Fair on Nov 11<sup>th</sup> followed by the annual appeal.

**4. Director’s Report**

Eileen provided her report ahead of the meeting and reviewed it during the meeting. The new director, Kendra Faldetta will start April 25<sup>th</sup>. Eileen will have one week overlap with the new director.

- Activity numbers continue to increase.
- The Board of Health supported nurse is busy with a lot of drop-in appointments.
- 40% of the transportation visits are related to medical appointments.
- Eileen is in the process of increasing Bistro prices as there has not been an increase and costs are going up. Affordable options will be available. The amount of free items (unlimited coffee, etc.) is also being looked at.
- The Memory workshops with Liz Nasser have been well received with great reviews about the effective presenter and engaged participants. They will be offered again in the fall (hopefully).
- A Tuesday evening fitness class will be offered and a line dancing class will start in May.
- Volunteers will be recognized with gift bags.
- Eileen thinks a computer class would be popular.

**5. WRTA:** No report.

**6. Bay Path:** Details related to the planned merger of Bay Path with Springwell Elder Services continue to be worked out; the Boards have voted to merge. There will still be an office in Marlboro.

**7. Old/New Business and Community Awareness:** none

The meeting adjourned at 6:35 pm. A small reception followed to thank Eileen for her efforts.



Linda Cragin  
Secretary