

**Meeting of the Northborough Council on Aging
April 11, 2023, 5:30 PM Northborough Senior Center**

As the hub for all aspects of healthy aging, the mission of the Northborough Council on Aging/Senior Center is to enrich and enhance the lives of older adults.

Call to Order: A meeting of the Council on Aging of the Town of Northborough was called to order at 5:31 PM by Adrienne Cost, Chair with the following present:

Fran Bakstran, Member	Ron Doucett, Friends
Elizabeth Nasser Member	Allie DellaRovere, Member
Paula Moore Member	Virginia Simms George Member
Jerry Anderson, Member	Henry Squillante, Friends
Mitch Cohen, Select Board representative.	

Members not Present: Linda Cragin, Theresa Lee, Kendra Faldetta,

1. Approval of the Minutes:

The Minutes for the March 2022 meeting were approved.

2. Friends Report

Ron Doucett shared that the Friends have voted to support upcoming events planned by Kendra and the Senior Center. \$1650 was approved for events March through May. included an Irish Soda Bread even, spring seed pick up, a visit from Rabi Rachel Guervitz as well as a Mass Audubon program. Other events being considered are an Aging Pacific Heritage Month, a baseball movie night and meal one Tuesday per month. \$2400 was approved for events through August including a National Donut party, a Mocktail Party in July, a root beer float even, grandparents' day on July 27, another bird watching class though the Mass Audubon as well as a presentation on therapy dogs.

Upcoming fundraising events: The Car Wash will take place on August 1 at Whitney place. A suggestion was made to ensure that a squeegee was available for windows. The country store fair will be on November 18th and the Annual Appeal will go out in the fall. \$250 was made at the St. Patrick's Day meal. The Friends are considering selling tote or shopping bags, and a car show. They are also considering a 50's and 60's night and a fashion show. On June 21, a portion of profits at the Cellar restaurant will benefit the friends.

There was a long discussion about the publication and mailing of the Northboro Times, as this is the Friend's largest expense each year. Options of being able to opt in for an online version were considered. Finding a student to enter all names into a spread sheet to facilitate an email version was also discussed. There were concerns that many people enjoy reading the Times and circling events of interest. This will be a continued discussion about options for maintaining interest but decreasing costs.

3. Director's Report

No Report

4. WRTA

No Report

5. Springwell

There was no update.

6. Old Business/Community Awareness

There was a request from the Quilting group, which has members from other towns to donate a quilt to the Marlboro Friends for auction. They are also making one for the Northboro Friends to Auction. The board approved this request. The quilt might be raffled off at Apple Fest.

There was a suggestion to invite state representatives to the September meetings.

Students at Assabet high School are reportedly helping seniors at other senior centers with computers and cell phones and we are exploring whether they will also come to Northboro.

There was also an update on the hiring of the new town administrator process.

Mitch Cohen shared that the Council must request specific bills and request for these to be reviewed in annual budgeting.

Note: COA members and associates- if writing any letter on behalf of COA, please be sure to supply COA Senior Center with a copy for the file.

The meeting adjourned at 6:26 PM

Elizabeth Nasser Member

A handwritten signature in black ink, appearing to read "Linda Cragin", is written on a white background. The signature is fluid and cursive.

Approved 5/9: Linda Cragin, Sec.