

Senior Walking Club

Fall 2017

Theme: New England Hardwoods

Date	Trail (Main Topic)	Difficulty*	Meeting place**
Sept. 14, 2017	Edmund Woods and Aqueduct (Dominant Hardwoods)	2	Senior Center
Sept. 21, 2017	Jubilee (Forest Management; Leader: Chris Pryor, New England Forestry Foundation)	3	West Main at New England Forestry Foundation sign; park on grass area
Sept. 28, 2017	Cole and Talbot Trails (Species diversity; massive Oak tree)	3	Cul-de-sac on Beeman Drive
Oct. 6, 2017	Old Farm (New growth)	2	Trail Head on Route 20 near Jehovah's Witnesses Church
Oct. 12, 2017	Mt. Pisgah, Mentzer and North Gorge Trails (American Chestnut remnants)	3	Trail head parking on Smith Road
Oct. 19, 2017	Watson Park (Chestnut hybrids)	2	Fisherman's Access off Lyman St.
Oct. 26, 2017	Mt. Pisgah, Mentzer and Sparrow Trails to South Overlook (Foliage)	3	Trail head parking on Smith Road
Nov. 2, 2017	Howard St. Cemetery and Pleasant St. (Urban Forest)	1	Parking lot near First Church on Howard St.
Nov. 9, 2017	Aqueduct north from Senior Center (recent clear cut; reforestation since 1900)	1	Senior Center
Nov. 16, 2017	Stirrup Brook (Old-growth hardwoods)	2	Trailhead parking on Route 20.
Nov. 30, 2017	Cedar Hill (Old trees; habitat management)	4	Parking area behind 360 Cedar Hill St.
Dec. 7, 2017	Field Trip to Harvard Forest, Petersham, MA	2	Car pool from Senior Center

*** Difficulty ratings**

1: Flat; few slip-trip hazards

2: Gentle slopes; uneven trails

3: Moderate slopes; uneven trails

4: Steep

**** Participants have the option of meeting at the trailhead or carpooling from the Senior Center. Cars will leave the Senior Center promptly at 10:00 a.m. on Thursdays. Most hikes last for 1.5 to 2 hours and cover about 1.5 to 2 miles.**